



Universal Healing Tao System

taught by

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New Education Path 2021

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General Requirements to become a UHT Instructor



- Fulfill the required Workshops hours according the disciplines you like to be evaluated with Grandmaster Chia, Senior Instructor Level 1 & 2, Certified Instructor, Associate Instructor and Qigong Instructor.
- Workshops can be done in groups or private also online.
- Practice/study time, can be done alone at home or with other Students, Instructors and with Books, Video's etc.
- Evaluation (can also be done online except Iron Shirt)

Overview Universal Healing Tao Instructors

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- Inner Alchemy Qigong Instructor Level 1 (QI-1)
- Inner Alchemy Qigong Instructor Level 2 (QI-2)
- Inner Alchemy Associate Instructor (AI)
- Inner Alchemy Certified Instructor (CI)
- Senior Instructor Level 1 (SI-1)
- Senior Instructor Level 2 (SI-2)

Upgrade status

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- ▶ Inner Alchemy Qigong Instructor Level 1 (QI-1) can upgrade to QI-2
- ▶ Inner Alchemy Qigong Instructor Level 2 (QI-2) can upgrade to AI
- ▶ Inner Alchemy Associate Instructor (AI) can upgrade to CI (also QI-1+2)
- ▶ Inner Alchemy Certified Instructor (CI) can upgrade to SI-1 (also QI-1+2)
- ▶ Senior Instructor Level 1 (SI-1) can upgrade to SI-2
- ▶ Senior Instructor Level 2 (SI-2)

How to Start for Newcomers?



➔ To become Inner Alchemy Qigong Instructor Level 1
attend min.40 workshops hrs. in Basic & Qigong)

or

➔ To become Inner Alchemy Associate Instructor
attend min120 hrs. in Basic & Qigong

Inner Alchemy Qigong Instructor Level 1

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- Needs total min. 40 hours workshop in : Basic (min.10hours) and in Cranial Sacral Qigong, Stem Cell Qigong, Wisdom Qigong, 5 Element Qigong (together min.30hours)
- Educators Grandmaster Chia, Senior Instructors Level 1&2 and updated Certified Instructors
- Evaluation: 2- 3 hrs. private session or a 2 days group workshop (both can be done online)
- To get certified she/he has to pass min. 1 of the 4 disciplines of Level I, upgrading any time when ready
- Level 1 Disciplines:
 - * Cranial Sacral Qigong (key CSQ)
 - * Stem Cell Activation Qigong (key SCQ)
 - * Wisdom Qigong (key WQ)
 - * 5 Element Qigong (key 5EQ)
- Evaluation can be done with Senior Instructor 1 or 2
- Or updated Certified Instructor (min. 2 years of teaching practice required)
- If she/he has done on the first evaluation with only 1 discipline no extra workshops hours are required, to be evaluated in the other disciplines.
- Upgrade to Inner Alchemy Qigong Instructor Level 2 (key QI-2) when certified in all 4 discipline (Level1) and minimum 6 month teaching Level I plus 40 workshops hrs. See next page.



Inner Alchemy Qigong Instructor Level 2

- ▶ Requirement: Certified in Inner Alchemy Qigong Level 1 in all 4 disciplines.
- ▶ Teach and practice for minimum 6 month (Level 1)
- ▶ Needs additional min. 40 hours workshop education in : Basic (min.10 hours) and in Tao Yin Qigong, Tan Tien Qigong, Cosmic Healing Qigong, Golden Elixir Qigong (together min.30 hours)
- ▶ Educators Grandmaster Chia, Senior Instructors Level 1&2, updated Certified Instructors
- ▶ Evaluation 2 to 3 hrs. private session or 2 days group workshop (both can be done online.
- ▶ To get certified she/he has to pass min. 1 of the 4 disciplines of Level 2, upgrading any time when ready
- ▶ Level 2 disciplines:
 - * Tan Tien Qigong (key TTQ)
 - * Tao Yin Qigong (key TYQ)
 - * Cosmic Healing Qigong (key CHQ)
 - * Golden Elixir Qigong (key GEQ)
- ▶ Evaluation can be done with Senior Instructor Level 1 or 2
- ▶ or updated Certified Instructor (min. 2 years of teaching practice required)
- ▶ If she/he pass in the first evaluation only 1 discipline no extra workshops hours are required, to be evaluated in the other disciplines.
- ▶ Upgrade to Associate Instructor when certified in min. 1 disciplines (from Level 2) & min. 6 months teaching Level 2 plus 40 workshops hours in Basic).

Inner Alchemy Associate Instructor (AI)

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- Requirements: 2 possibilities:
- **A.** already certified in Inner Alchemy Qigong Level 1 & 2 (QI-1 & QI-2) (QI-1 all 4 disciplines and QI-2 min. 1 discipline).
- Teach and practice for minimum 6 month (Level 2 QI-2)
- needs additional 40 Workshops hours in Basics
- **B.** direct Path: needs 120 Workshops hours in Qigong and Basics
- Evaluation for A & B) 2 to 3 hrs. private session or 2 days group workshop (both can be done online).
- Evaluation subject: Inner Smile, 6 Healing Sounds, Chi Self Massage, Warm Up Qigong
- **NEW Upgrade: Cosmic Vision (key CV) (needs 10 workshops hours required)**
- **NEW Upgrade: Primordial Alchemy Qigong (key PAQ) (20 workshops hours required)**
- She/He can also upgrade to all Inner Alchemy Qigong disciplines:
- Level 1 for each of the 4 disciplines 5 workshops hours required
- Level 2 for each of the 4 disciplines 10 workshops hours required
- AI can upgrade to Certified Instructor (CI) (requirements see next page).

Inner Alchemy Certified Instructor

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- Requirements: 4 possibilities:
- **a)** If already Associate Instructor: Needs 120 workshop hours (20 mandatory hours with GM Chia incl.) education in Basic 2 & Fusion and min. 6 months active teaching as UHT Associate Instructor (AI)
- **b)** If already Qigong Instructor Level 2: Needs 160 workshops hours (20 mandatory hours with GM Chia included) education in Basic 1&2 & Fusion and min. 6 months active teaching as QI-2.
- **c)** direct Path (without being Associate Instructor) needs 120 workshops hours in Basic and Qigong plus attend a 4 weeks Instructor Training Retreat at Tao Garden.
- **d)** If already associate Instructor has to attend the first 3 week Instructor Training at Tao Garden
- A Seminar (min 20hrs) with Grandmaster Chia in Basic & Fusion is mandatory for possibilities a & b.
- Educator Grand Master Chia, Senior Instructor Level 1 or 2 and Certified Instructor
- Can teach:
 - * Inner Smile,
 - * 6 Healing Sounds,
 - * Chi Self Massage,
 - * Warm Up Qigong
 - * Microcosmic Orbit advanced (Passing Energy)
 - * Cosmic Primordial Qigong (3 fires & 6 directions).
- Evaluation 2 to 3 hrs. private session or 2 days group workshop (both can be done online. Subject: Passing Energy and Cosmic Primordial Qigong plus make 9 Case Study forms (Inner Smile, 6 Healing Sounds))

Upgrades for Inner Alchemy Certified Instructor

Part 1

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To get upgrade certified in the levels below, you need a minimum of workshop hours in the level you like to be upgraded and in some cases you need “Case Study Forms”:

- Inner Alchemy Qigong Level 1 each of the 4 disciplines (QI-1) 5 workshops hrs. required
- Inner Alchemy. Qigong Level 2 each of the 4 disciplines (QI-2) 10 workshops hrs. required
- Primordial Alchemy Qigong (PAQ) 10 workshops hrs. required
- Cosmic Vision (CV) 5 workshop hrs. required
- Iron Shirt 1-2-3 min. 10 (IS) workshop hrs. (for each of the three levels)
- Healing Love min. 20 (HL) workshop hrs.
- Tao Yin min. 10 (TY) workshop hrs.
- Tan Tien Chi Kung min. 10 (TT) workshop hrs.
- Tai Chi Chi Kung 1-2-3 min. 10 (TC) workshop hrs. (for each of the three levels)
- Inner Alchemy Astrology Consultant (see requirements in a special section)

Upgrades for Inner Alchemy Certified Instructor

Part 2

- ▶ Fusion 1-2-3 min. 40 (HL) workshop hrs. (for all three levels) plus case study form
- ▶ Lesser Kan & Li min. 40 (KL1) workshop hrs. plus case study forms
- ▶ Greater Kan & Li min. 40 (KL2) workshop hrs. plus case study forms
- ▶ Greatest Kan & Li min. 40 (KL3) workshop hrs. plus case study forms
- ▶ Sealing of the 5 Senses min. 40 (SFS) workshop hrs. plus case study forms
- ▶ Evaluation for all above levels in private session 1 to 2 hours (online possible)

Inner Alchemy Senior Instructor Level 1



- Has to be active as Certified Instructor for min. 4 years
- Certified in
 - * Iron Shirt 1 (key IS1)
 - * Healing Love (key HL)
 - * Tao Yin (key TY)
 - * Fusion 1 (key FU1)
 - * Cosmic Vision (key CV)
 - * Primordial Alchemy Qigong (key PAQ)
 - * Inner Alchemy Qigong Instructor (key QI-1)
- Has permission to evaluate:
 - Inner Alchemy Qigong Instructor Level 1 (can also evaluate Qigong Level 2 if she/he has all 4 discipline)
 - Inner Alchemy Associate Instructor AI
- After 4 years of active teaching as Senior Level 1 she/he can upgrade to Senior Instructor Level 2



Inner Alchemy Senior Instructor Level 2

- Needs to have 4 years active teaching as Senior Instructor Level 1
- Needs additional certification in
 - * Tai Chi I (key TC1)
 - * Tan Tien Chi Kung (key TT)
 - * Fusion 2 and 3 (key FU2-3)
 - * QI-2 (all 4 discipline's)
- Needs to have certified 25 UHT Inner Alchemy Associate Instructors
- Can certify:
 - * Inner Alchemy Qigong Instructor Level 1 & 2 (QI-1 & QI-2)
 - * Inner Alchemy Associate Instructor (key AI)
 - * Inner Alchemy Certified Instructor (key CI)

Note: for any evaluation she/he needs the certification which will be evaluated

Exception: If a Senior Level 1 has all the Qigong Keys (QI-1,QI-2, IS-1,IS-2,IS-3,TT,TC1,TC2,TC3 she/he do not need Fusion 2 and 3

General Guidelines for Evaluation



- Senior or Certified Instructor has a possibility to organize a Qigong weekend workshop for students and Qigong applicants
- Duration about 10 hours
- During the courses the applicants can present an evaluation lesson of the Qigong form in which she/he likes to be evaluated
- The evaluation can be done private (one to one) too in 1 to 3 hours. The price approx. will be the same as weekend workshop (plus certification fee)
- This are guide lines, all depends on how many applicants are in a group. The number of education hours is a minimum and can of course be more.
- Do not forget the agreement forms and evaluation form (download from the website <https://www.universaltaoinstructors.com/>)