



Universal HEALING TAO System

FUSION I - Case Study Form

for UHT Certified Instructor Certification in FUSION I

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Profil Trainee:

Surname Trainee	Name Trainee
e-mail	skype
Zip	City
Street / No.	Birthday
Phone	Mobil Phone
Country	State
Facebook	

Dear FUSION I Trainee,

to reach the level of a 'UHT FUSION I Instructor', 20 completed FUSION I Case Study Forms are needed. To train and develop your skills, Grand-Master Mantak Chia wants you to show your FUSION I practice for this part of your Inner Alchemy education. Within each of the 20 sessions with Students (partners, clients, friends or relatives), several teachings of **FORMULAS** are necessary.

Thank you very much !

UHT FUSION I is an element of the Universal HEALING TAOP© System. I agree that I will not publish, teach, or in any form or way attempt to impart the principles of the Universal HEALING TAOP© to the public, until such time as I have received personally from Master Mantak Chia, or his representative, the training necessary to become a qualified UHT Certified Instructor with the level 'UHT FUSION I Instructor' of the UHT Inner Alchemy practices.

Letter of agreement

Hereby I confirm with my signature that I have been informed about the general conditions and principles of the treatment and agree with them. I have also been informed that all my data collection is voluntary. Furthermore, I agree that the treatment data, evaluations and documentation concerning me will be stored and stored for 10 years for the purpose of treatment by the above-mentioned institution. This also applies to any treatment data and findings from the treatment of external treatments that may have been transferred.

I am aware that I can revoke this consent in whole or in part at any time - for the future. This results in a cancellation of the treatment contract from the revocation date and a deletion of my documents after 10 years from revocation. My data is subject to confidentiality and will therefore be treated confidentially. The data will only be passed on to third parties with my consent, unless other regulations are prescribed by law.

Date

Signature UHT Trainee

DESCRIPTION & PROFILE OF THE STUDENT

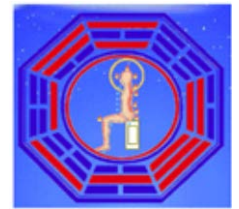
1. Name :	Surname :
2. Gender: <input type="checkbox"/> female <input type="checkbox"/> male	Age :
3. E-mail	
Line 1-3 is needed. All further details on this page from here are personal data and can be blackened or completely cut off. Questions about Students self-assessment:	
Body Constitution : <input type="checkbox"/> underweight <input type="checkbox"/> slim <input type="checkbox"/> normal <input type="checkbox"/> muscular <input type="checkbox"/> corpulent <input type="checkbox"/> overweight	
5 Element Balance : <input type="checkbox"/> Water <input type="checkbox"/> ↓ <input type="checkbox"/> Wood <input type="checkbox"/> ↓ <input type="checkbox"/> Fire <input type="checkbox"/> ↓ <input type="checkbox"/> Earth <input type="checkbox"/> ↓ <input type="checkbox"/> Metall <input type="checkbox"/> ↓	
Chi Balance of the element : <input type="checkbox"/> = strong <input type="checkbox"/> = week	
Find Students 5 Element balance : www.universal-tao.com/InnerAlchemyAstrology	
Sleep : <input type="checkbox"/> regularly <input type="checkbox"/> irregularly <input type="checkbox"/> mostly quiet <input type="checkbox"/> restless <input type="checkbox"/> very restless	
Emotional Level : <input type="checkbox"/> very restrained <input type="checkbox"/> restrained <input type="checkbox"/> normal <input type="checkbox"/> temperamentally <input type="checkbox"/> irascible	
Stress Conditions : <input type="checkbox"/> never <input type="checkbox"/> occasionally <input type="checkbox"/> regularly <input type="checkbox"/> ongoing <input type="checkbox"/> too much	
Main challenges :	

I am aware that FUSION is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual well-being. This training in FUSION will enable me to understand myself better and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease, or disability. With this Taoist meditation practice after Grand-Master Mantak Chia no diagnoses are made, it can in no case replace the consultation with a medical doctor.

Date

Signature UHT Trainee

SESSION EXPLANATION & PRACTICE WITH STUDENT



Dear student, please answer these 19 questions and - if you like - the feedback section. This UHT FUSION 1 Case Study Form is part of your UHT Instructor's training program and will be treated anonymously. After interpretation, all personal information will be deleted. On behalf of Grand-Master Chia, we thank you for your participation.

1) Please give the energy-temperature of the 5 main organs / elements?

(We do not talk here about inner = Yin organs and outer = Yang organs)

	hot	warm	neutral	cool	cold
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidneys	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Liver	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spleen / Pancreas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

2) Please mark the main benefits of the control cycle:

stress reduction stabilization & balance sublimation & augmentation

3) Please mark the main benefits of the creation cycle:

stress reduction stabilization & balance sublimation & augmentation

4) What sensations were you experiencing with FORMULA 1 ? (4 Pakuas, pearl and orbit)

<input type="checkbox"/> Centering	<input type="checkbox"/> Violence	<input type="checkbox"/> Refreshment
<input type="checkbox"/> Calmness	<input type="checkbox"/> Rage	<input type="checkbox"/> Fun
<input type="checkbox"/> Happiness	<input type="checkbox"/> Tiredness	<input type="checkbox"/> Dizziness
<input type="checkbox"/> Stillness	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Courage
<input type="checkbox"/> Excitement	<input type="checkbox"/> Fear	<input type="checkbox"/> Greediness
<input type="checkbox"/> Light	<input type="checkbox"/> Glowing	<input type="checkbox"/> Others?

5) What are the benefits of the FORMULA 1 (4 pakuas and the pearl + orbit)?

<input type="checkbox"/> Centering	<input type="checkbox"/> Sense of Density	<input type="checkbox"/> Gathering the Light
<input type="checkbox"/> More sex arousal?	<input type="checkbox"/> Tingling	<input type="checkbox"/> Clearing the emotions
<input type="checkbox"/> Sense of Energy	<input type="checkbox"/> Others	

6) Did you feel spiraling and condensing the energy in the collection points?

Kidneys	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Heart	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Liver	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Lungs	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Spleen / Pancreas	<input type="checkbox"/> Yes	<input type="checkbox"/> No

7) How did you feel after balancing the internal weather with FORMULA 2 ? (Collection points and pearl)

<input type="checkbox"/> Centered	<input type="checkbox"/> Violent	<input type="checkbox"/> Funny
<input type="checkbox"/> Calm	<input type="checkbox"/> Dizzy	<input type="checkbox"/> Else
<input type="checkbox"/> Happy	<input type="checkbox"/> Tired	<input type="checkbox"/> Full of Light
<input type="checkbox"/> Quiet	<input type="checkbox"/> Fearsome	<input type="checkbox"/> Glowing
<input type="checkbox"/> Encouraged	<input type="checkbox"/> Refreshed	<input type="checkbox"/> Others?
<input type="checkbox"/> Greedy	<input type="checkbox"/> Excited	

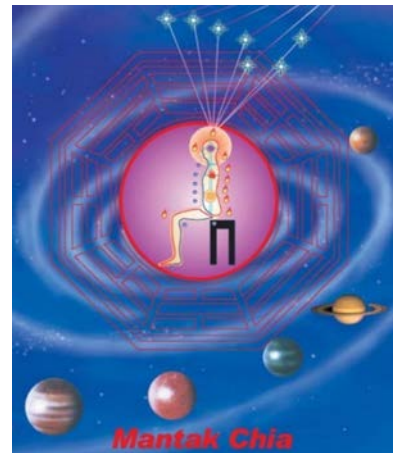
8) How did you experience connecting the 5 senses and the organs in FORMULA 3 ? (senses, organs and pearl)

"real"-like physical sensation energetic sensation just imagination without any feeling

- 9) (a) How did you feel after the process, when you were focused in your center after **FORMULA 4** ?
(FORMULA 4 = emotions and senses into the center, condensing the chi and consciousness into the pearl.)
- | | | | |
|------------------------------------|--------------------------------------|-------------------------------------|-----------------------------------|
| <input type="checkbox"/> Centering | <input type="checkbox"/> Refreshment | <input type="checkbox"/> Courage | <input type="checkbox"/> Calmness |
| <input type="checkbox"/> Rage | <input type="checkbox"/> Greediness | <input type="checkbox"/> Happiness | <input type="checkbox"/> Fun |
| <input type="checkbox"/> Glowing | <input type="checkbox"/> Stillness | <input type="checkbox"/> Excitement | <input type="checkbox"/> Light |
| <input type="checkbox"/> Others? | | | |
- (b) Did you feel the connection with your internal organs while practicing **FORMULA 4** ?
- | | | | | |
|---|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
| <input type="checkbox"/> some more, some less | | | | |
- 10) Could you feel the connection of the Five Elements of the universe with the five vital organs?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- 11) a) Could you feel the pearl above your head in FORMULA 5 ? (Pearl / energy body / consciousness "Out")
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- b) How did you experience the pearl after **FORMULA 5** ? (Pearl / energy body / Consciousness "Out")
- | | | | |
|--|--|--|------------------------------------|
| <input type="checkbox"/> Expanding feeling | <input type="checkbox"/> condensed feeling | <input type="checkbox"/> Changing itself | <input type="checkbox"/> Intensity |
| <input type="checkbox"/> Light | | | |
- 12) Did you get an idea of the energy body, at least a glance of how it feels like and what the benefit of it could be ?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- 13) Did you feel remarkable changes in your head or / and in the Tan Tien , after bringing back down the shrunk "energy body" / pearl.
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- 14) Why and how (in how far) is the practice of the FUSION I related to the Taoist goal of becoming one with nature and universe ?
- Just think it over – no answer requested here !
- 15) Do you think, you can apply FUSION I in your daily life?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- 16) How does your body feel after the FUSION I practices? (FORMULA 1 to 4)
- | | | |
|--|------------------------------------|----------------------------------|
| <input type="checkbox"/> Centered | <input type="checkbox"/> Healthy | <input type="checkbox"/> Relaxed |
| <input type="checkbox"/> Calm | <input type="checkbox"/> Hot | <input type="checkbox"/> Tensed |
| <input type="checkbox"/> Happy | <input type="checkbox"/> Tired | <input type="checkbox"/> Strong |
| <input type="checkbox"/> Quiet | <input type="checkbox"/> Refreshed | <input type="checkbox"/> Glowing |
| <input type="checkbox"/> Encouraged | <input type="checkbox"/> Excited | <input type="checkbox"/> Else? |
| <input type="checkbox"/> Filled with light | <input type="checkbox"/> Powerful | |
- 17) Do you feel, that it is important to have rest periods (yin phases) between and after the exercises?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- In case, this was taught in your class:*
- 18) Could you experience the 6 (5+1) spirits and bring them together in the heart?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
- 19) Could you bring down the spirit-team into the Tan Tien ?
- | | | | | |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Very good | <input type="checkbox"/> pretty OK | <input type="checkbox"/> so so | <input type="checkbox"/> not really sure | <input type="checkbox"/> not at all |
|------------------------------------|------------------------------------|--------------------------------|--|-------------------------------------|

Feedback:

- A) What was your personal impression of this session? Do you feel comfortable and happy about what you learned?
 Very helpful helpful interesting no meaning
- B) Do you feel this lesson will be useful for you in your daily life?
 Very helpful helpful interesting no meaning
- C) Did the essence from this session prepare you for working with the new material by yourself?
 Very helpful helpful interesting no meaning
- D) Do you think you will have benefits from this practices in your life?
 Very helpful helpful interesting no meaning
- E) Could this be, for example:
 Being more balanced. Becoming more helpful in conflicts.
 Experiencing more happiness and bliss. Others
 Spiritual growth by better understand the ways of chi and consciousness.
- F) What suggestions do you have that might help to enhance this session?



	Certified	Retry
1 st Evaluation		
2 nd Evaluation		

Evaluation given by and dated
date

Assisting UHT Instructor
Name in print letters signature

UHT Senior Instructor
Name in print letters signature

Dear FUSION I Trainee, this is one FUSION I Case Study Form with one student. To reach the level of a 'UHT FUSION I Instructor', twenty completed FUSION I Case Study Forms are needed.