



Universal HEALING TAO System

Council of 9

UHT - Continental Network Center Asia

274 Moo 7, Luang Nua, Doi Saket,
Chiang Mai 50220 THAILAND



Council of 9 - Doc 3 / RV3 09 August 2017

Chi Nei Tsang Curriculum

to become a certified Chi Nei Tsang (CNT) Practitioner, Teacher & Senior Teacher

CNT Program

Part 1-11 Theory and Practice

1 700 h Total hr

Part 12-13 Theory and Practice

714 h Total hr

CNT Career Path from CNT Trainee to CNT Practitioner to CNT Teacher to CNT Senior Teacher

Note: for approved certified body therapists, massage therapists, natural healers and similar professionals a reduction on study cases, hrs of anatomic teachings is possible upon request and proven documentation.

Part 1: Become a CNT Trainee (student/participant)

Apply in writing for Study and Training Part 1

Attend 28 hrs (first training in CNT I) group training of CNT 1 Techniques Teachings including anatomy with Grand-Master Mantak Chia, CNT Senior Teacher or CNT I Teacher

Textbooks: Chi Nei Tsang I/II/III/IV/V by Master Chia

Result : Allows to work as a CNT Trainee for collecting UHT CNT1 Case Study Forms

Part 2- Become a CNT Practitioner in CNT I Techniques (Internal Organs) 410 hr

Textbook: Chi Nei Tsang I by Master Chia

Present minimum 100 study cases and your practice hrs 150

Attend 28 hrs (second training in CNT I) group training including anatomy with CNT Senior Teacher or CNT I Teacher with key T1

Attend Universal Healing Tao Basic Training in Microcosmic Orbit, Healing Love, Iron Shirt recommended (40h)

Educate students in Six Healing Sounds, Inner Smile, CNT Self massage 50

CNT I training course curriculum: Study Chi Nei Tsang I Book

hands on techniques, Opening Wind Gates, anatomy 120

Qi Qong 25

Inner Smile Meditation 10

Six Healing Sounds 10

Tao Yin Yoga 10

Releasing negative energy through tree meditation 10

Exchanging massage technique with different partners 10

cleaning intestine with herbs or hydro colonic 02

Evaluation by Master Chia or CNT Senior Teacher with key ST or 2 CNT Teachers with key T1 07

Result: Certification as CNT I Practitioner

Allows to work as a CNT Practitioner (with key P1) on students and clients

Profile of CNT Practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 3- Become a CNT Practitioner in CNT II Techniques (Chasing the Winds) 320 hr

Textbook: Chi Nei Tsang II, Chasing the Winds by Master Chia

Attend 21 hrs group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 100 UHT CNT Case Study Forms and practice hrs 100

Educate students in Six Healing Sounds, Inner Smile 50

Attend 28 hrs (first training in CNT II) group training of CNT I Techniques with a CNT Senior Teacher with key ST or CNT Teacher with Key T1 and T2 13 16

CNT II Training course curriculum: Studying Chi Nei Tsang II, Chasing the Winds,

Each wind according to a specific ailment with anatomy part 90

Qi Qong 20

Microcosmic Orbit 10

Iron Shirt I 10

Elixir Chi Kung 10

Clean intestine with herbs or hydro colonic 03

Exchanging massage technique with different partners 10

Evaluation By Master Chia or CNT Senior Teacher or 2 CNT Teachers with key T1 & T2 07

Result: Certification as CNT II Practitioner

Allows to work as a CNT II Practitioner (with key P2) on students and clients

Profile of CNT II Practitioner is added into the Universal Healing Tao/CNT practitioner website



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Part 4- Become a CNT Practitioner in CNT III Techniques (Tok Sen, Muscle, Tendon, Meridian) 290 hr

Textbook: Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage by Master Chia

Attend 21 hrs group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 60 case study practice hrs 100

Educate students in Six Healing Sounds, Inner Smile 50

Attend a second CNT III group training with qualified CNT Teacher

CNT III training course curriculum: Study Chi Nei Tsang III: Intensive muscle, tendon, meridian treatment 90

Iron Shirt Qi Qong 20

Cleaning intestine with herbs or hydro colonic 03

Exchanging massage technique with different partners 10

Evaluation by Master Chia or Senior Teacher with key T3 and certified to evaluate CNT III 07

Result: Certification as CNT III Practitioner

Allows to work as a CNT III practitioner (with key P3) on students and clients

Profile of CNT III practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 5 - Become a CNT Practitioner in CNT IV Techniques (Karsai Nei Tsang)

Textbook: Chi Nei Tsang V, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia with anatomy part

Attend 21 hrs group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 60 case study practice hrs

Educate students in Six Healing Sounds, Inner Smile

Attend a second CNT IV group training with qualified Karsai Nei Tsang Senior Teacher 50

Evaluation by Master Chia or Senior Teacher with key T4 and certified to evaluate Karsai Nei Tsang 07

Result: Certification as Karsai Nei Tsang Practitioner

Allows to work as a Karsai Nei Tsang practitioner (with P4) on students and clients

Profile Karsai Nei Tsang practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 6 - Become a CNT Practitioner in CNT V Techniques (Life Pulse)

Textbooks: Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Attend 21 hrs group training of CNT V Techniques with a CNT Senior Teacher

Collect minimum 60 case study practice hrs

Educate students in Six Healing Sounds, Inner Smile

Attend a second CNT V group training with qualified Chi Nei Tsang Senior Teacher 50

Evaluation by Master Chia or Senior Teacher with key T5 and certified to evaluate Life Pulse Massage 07

Result: Certification as Life Pulse Practitioner

Allows to work as a Life Pulse Practitioner and have students (clients)

Profile Life Pulse practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 7 - Become a CNT Teacher in CNT I, CNT II, CNT III Techniques

316 hr

CNT Teacher cannot evaluate CNT Practitioner

Textbooks: Chi Nei Tsang I by Master Chia

Textbooks: Chi Nei Tsang II, Chasing the Winds by Master Chia

Textbooks: Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage by Master Chia

CNT I Practitioner minimum 4 years

Attend 21 hrs Cosmic Healing Training with Master Chia or Cosmic Healing Teacher 21

Attend UHT Instructor Training and get certified as Universal Healing Tao Instructor with keys BA, IS1, HL 140

Assist full CNT training in CNT I or CNT II with Master Chia or CNT Senior Teacher as assistant teacher with key ST 28

Recommendation: It is recommended to certify as Cosmic Healing Practitioner.

to become Cosmic Healing Teacher within 2-3 years after having been certified as a CNT I Teacher.

Evaluation by Master Chia

Result: Certification as CNT I Teacher

Allows to teach CNT I, CNT II and CNT III and have students

UHT Foundation will send out mailing list to advertise for Senior Teacher or Teacher

If UHT Foundation receives names/email addresses from students of Senior Teacher or Teacher

Profile of CNT Teacher is added into the Universal Healing Tao/CNT practitioner website

Part 8 - Become a CNT Teacher in CNT IV Techniques (Karsai Nei Tsang)

328 hr

Textbook: Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage book by Master Chia with anatomy part
CNT Teacher with key T1, T2, T3

Attend 14 hour (first) CNT 4 Teachings with Master Chia or CNT Senior Teachers assistant with key ST and key T4 14

Karsai Nei Tsang training course curriculum: Study Karsai Nei Tsang , intensive pelvis and

Genital medical massage 120

Qi Qong 20

Healing Love 10



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Bone Marrow Nei Kung 15
Chi Weight Lifting / Jade Egg Practice 10
Exchange massage technique with different partners 10
Evaluation by Master Chia or CNT Senior Teacher with key ST and key T4 07
Result: Certification as CNT Teacher with key T4
Allows you to teach CNT 4 to students

Part 9 - Become a CNT Teacher in CNT 5 techniques (Life Pulse)

70 hr

Textbooks: Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth
Study and update in CNT 5 60
Attend 7 hour (first) CNT 5 Teachings with CNT Senior Teacher with key ST and key T5 07
Attend 7 hrs (second) CNT 5 Teachings 07
Evaluation by Master Chia or CNT Senior Teacher with key ST
Result: Certification as CNT Teacher with key T5
Allows you to teach CNT 5 and to students

Part 10 - Become a CNT Senior Teacher

314 hr

Active CNT I Teacher Status for 2 years, keys T1, T2, T3, T4 and documentary evidence of a min. practice of 300
Attend 14 hour CNT Senior Teacher Training with 1 active CNT Senior Teacher certified with keys T1,T2,T3,T4 14
Get 2 Recommendation Letters from either 2 active CNT Senior Teachers or 1 CNT I Teacher / 1 CNT Senior Teacher
Result: Certification as CNT Senior Teacher with key ST
Allows to teach CNT and evaluate CNT Practitioner
UHT Foundation will send out mailing list to advertise for Senior Teacher or Teacher
If UHT Foundation receives names/email addresses from students of Senior Teacher or Teacher
Profile of CNT Senior Teacher is added into the Universal Healing Tao/CNT practitioner website

Part 11 - Research Projects

400 hr

To complete the CNT Branch Curriculum it is required to participate in a CNT research project which is submitted to the UHT Foundation.

Confirmed by the UHT Council of 9

Grand-Master Mantak Chia, Josefine Reimig, Marie Favorito, Christine Harkness, Walter Kellenberger, Wolfgang Heuhsen, Steven Peterson, Julius Masarovic