



UNIVERSAL HEALING TAO® System

Chi Nei Tsang® II Chasing the Winds

Case Study Form

Application for CNT 2

274/1 Moo.7, Luang Nua, Doi Saket, Chiang Mai 50220, Thailand

Tel: +6653 921 200 Fax: +6653 495 852

Email: universaltao@universal-tao.com Website: www.universal-tao.com



Applicants profile for becoming CNT 2 Practitioner CNT 2 Teacher

Surname Trainee	Last Name
e-mail	skype
Zip	City
Street / No.	Date of birth
Phone	Mobil Phone
Country	State
Facebook	

Dear Chi Nei Tsang® 2 Trainee,

to reach the level of a 'UHT Chi Nei Tsang® 2 Practitioner', 100 completed Case Study Forms are needed. To train and develop your skills, Grand-Master Mantak Chia wants you to show your Chi Nei Tsang® practice for this part of your Chi Nei Tsang® 2 education. Within each of the 100 sessions with Students (partners, clients, friends or relatives), several actions are necessary. Please observe the legal regulations valid in your country.

Thank you very much !

UHT Chi Nei Tsang® 2 is an element of the UNIVERSAL HEALING TAO® System. I confirm that I will not publish, teach, or in any form or way attempt to impart the principles of the Universal Tao to the public, until such time as I have received personally from Master Mantak Chia, or his representative, the training and testing necessary to become a qualified practitioner of the UNIVERSAL HEALING TAO® Chi Nei Tsang® 2 practices.

Letter of agreement

Hereby I confirm with my signature that I have been informed about the general conditions and principles of the treatment and I agree with them. I have also been informed that all my data collection is voluntary. Furthermore, I agree that the treatment data, evaluations and documentation concerning my person will be stored for 5 years for the purpose of treatment by the above-mentioned institution. This also applies to any treatment data and findings from an external treatment by a third party which may have been transferred to the institution.

I am aware that I can withdraw my consent in whole or in part, at any time - for the future. This results in a termination of the treatment contract and the deletion of my data. My data is subject to confidentiality and will be treated strictly confidential. I understand, that data concerning my person will only be passed on to third parties to the extent required by a judicial order or other legal obligation, provided that, to the fullest extent permitted by law, I will be notified of such a required disclosure.

Date

Signature

DESCRIPTION & PROFILE OF THE STUDENT

1. Name :	Surname :
2. Gender: <input type="checkbox"/> female <input type="checkbox"/> male	Age :
3. E-mail	
Line 1-3 is needed. All further details from here are personal data and can be blackened or completely cut off. Questions about Students self-assessment:	
Body Constitution : <input type="checkbox"/> underweight <input type="checkbox"/> slim <input type="checkbox"/> normal <input type="checkbox"/> muscular <input type="checkbox"/> corpulent <input type="checkbox"/> overweight	
5 Element Balance : <input type="checkbox"/> Water <input type="checkbox"/> ↓ <input type="checkbox"/> Wood <input type="checkbox"/> ↓ <input type="checkbox"/> Fire <input type="checkbox"/> ↓ <input type="checkbox"/> Earth <input type="checkbox"/> ↓ <input type="checkbox"/> Metal <input type="checkbox"/> ↓	
e.g. Chi Balance of the element : <input type="checkbox"/> = strong <u>water</u> = normal <input type="checkbox"/> = weak	
Find 5 Element balance through : www.universal-tao.com/InnerAlchemyAstrology	
Sleep : <input type="checkbox"/> regularly <input type="checkbox"/> irregularly <input type="checkbox"/> mostly quiet <input type="checkbox"/> restless <input type="checkbox"/> very restless	
Emotional Level : <input type="checkbox"/> very restrained <input type="checkbox"/> restrained <input type="checkbox"/> normal <input type="checkbox"/> temperamentally <input type="checkbox"/> irascible	
Stress Conditions : <input type="checkbox"/> never <input type="checkbox"/> occasionally <input type="checkbox"/> regularly <input type="checkbox"/> ongoing <input type="checkbox"/> too much	
Women : Are you pregnant? <input type="checkbox"/> no <input type="checkbox"/> yes Do you have an IUD? <input type="checkbox"/> no <input type="checkbox"/> yes	
Do you have a pacemaker? <input type="checkbox"/> no <input type="checkbox"/> yes Do you have thrombosis? <input type="checkbox"/> no <input type="checkbox"/> yes	
Are you taking antipsychotic drugs? <input type="checkbox"/> no <input type="checkbox"/> yes	
Main challenges :	

I am aware that Chi Nei Tsang® 2 is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual well-being. This training in Chi Nei Tsang® 2 will enable me to understand myself better and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease, or disability. With this Taoist meditation practice as taught by Master Mantak Chia no diagnoses are made, it can in no case replace the consultation with a medical doctor.

Date

Signature Student

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 1 **NAME Student:**

DATE:

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

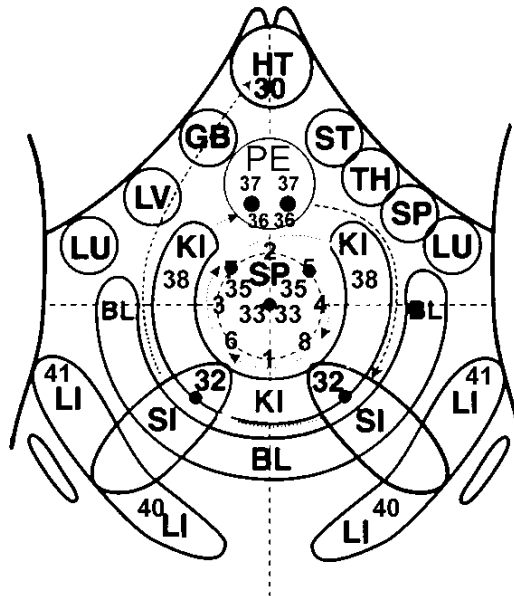
Feedback from Student: no change better good worse

- relaxing the body through leg movements
- activating groin pulse and soul gates
- opening the wind gates
- checking wrist pulse
- loosening the thorax and abdomen

Wind Numbers:

- 1** attacks liver, pericard, heart 35 lr, 32 rl, 37lr, 30, ribs r. liver, 22+23 lr, 53
- 2** attacks tongue, jaw, eyes, head 35 lr, 33lr, 35r, 32 lr, 36 rl, 15, 13,2, 3, 4, 5, 10, 8, 9, 27
- 3** attacks kidneys: 35 l, 33lr, 35 r, 38 l, 32l, 32 r, 38 r, 36 rl, 8lr, 53lr.
- 4** causes aches – uneasiness in all body, attacks vena cava aorta, lumbar plexus, 32 lr, 41 r, 40rl, 41 l, 48 lr, 21, 20, 75, 25, 77, 69/54, 55, 45,
- 5** makes abdomen stiff, tight, hard, 35 l, 33lr, 35 r, 36 rl, 41 lr, 1, 43(let client do!), 57, 66
- 6** causes cramps 35 l, 33 lr, 35 r, 36 rl, 15, 13, press toes towards body legs stretched, 69, hit back of knees, laughing baby
- 7** attach heart, causes shaking 35l, 33 lr, 35 r, 38 lr, 36 rl, 13, 74, client swallows saliva,
- 8** causes chest pain 35 l, 33 lr, 35 r, 38 l, 32 lr, 38 r, 37 rl, 30, breast cage, sternum,
- 9** makes legs and feet tired 35 l, 33lr, 35 r, 36 rl, 22, 40l, 41l, 49lr, 41r, 40r, 63, 55
- 10** causes pain, numbness, heat 35 lr, 36 rl, 19, 18, 17, 20, 25, 67, 74
- 11** affects nerves, stiff back 35 l, 33 lr, 35 r, 38 l, 32 lr, 38 r, 37rl, 30, 75, 20, 45
- 12** causes excess heat or cold 35 l 33 lr 35 r 38 l 32 lr 38 r 37rl 30 41 lr
- clearing small intestine
- liver and gall bladder
- heart and sternum
- intercostal muscles
- abdominal pelvic clearing
- psoas, sciatic nerve
- work on other parts of the body
- collect energy in the navel

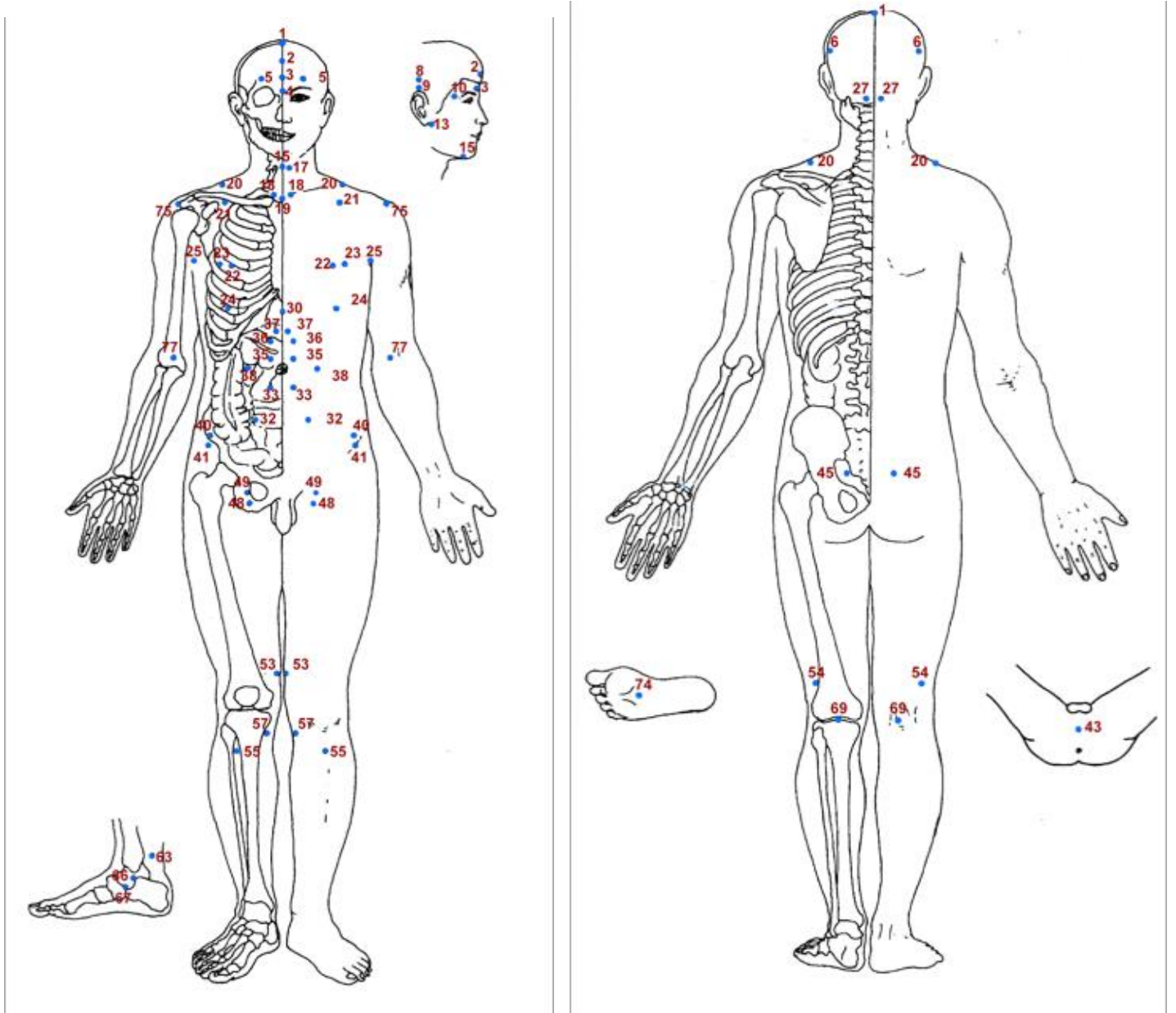
- recommendation related to:
- detox method
- inner smile.....
- 5 element nutrition.....
- iron shirt position.....
- healing sounds.....
- Inner Alchemy Astrology



Comment:

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 1



CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 2 **NAME Student:**

DATE:

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

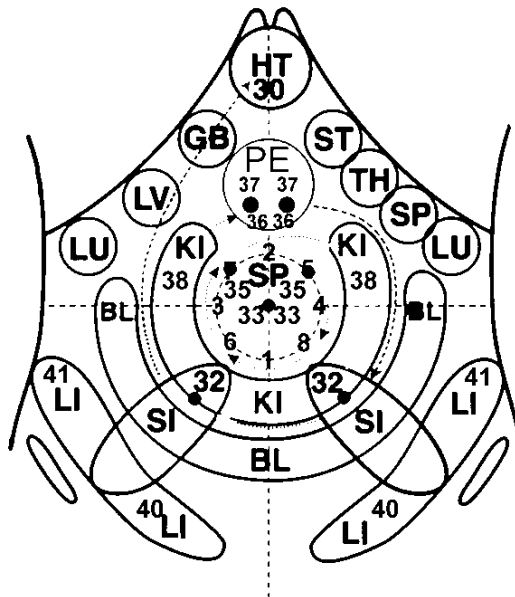
Feedback from Student: no change better good worse

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- opening the wind gates
- checking wrist pulse
- loosening the thorax and abdomen

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- clearing small intestine
- liver and gall bladder
- heart and sternum
- intercostal muscles
- abdominal pelvic clearing
- psoas, sciatic nerve
- work on other parts of the body
- collect energy in the navel

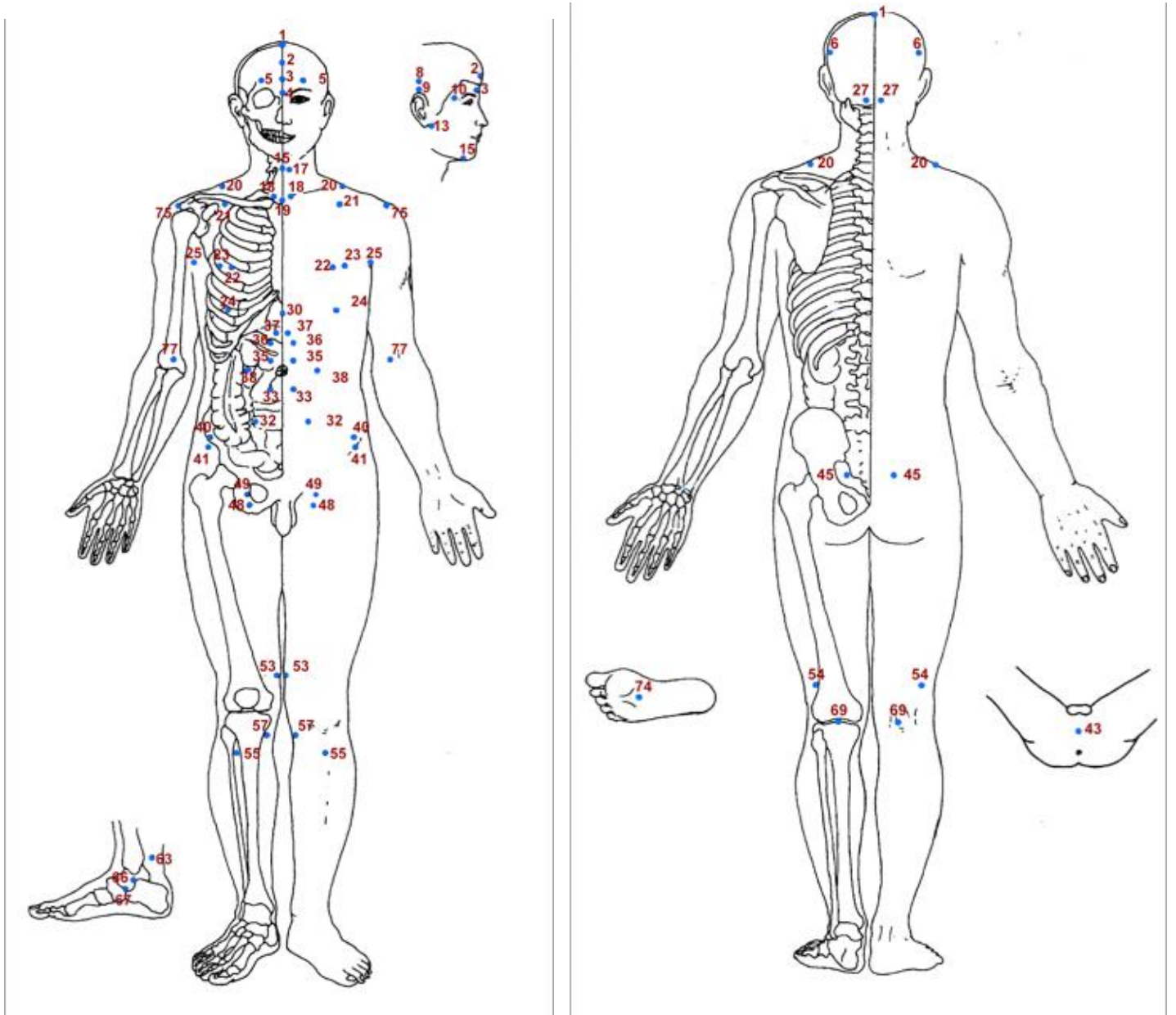
- recommendation related to:
- detox method
- inner smile.....
- 5 element nutrition.....
- iron shirt position.....
- healing sounds.....
- Inner Alchemy Astrology



Comment:

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 2



CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 3 **NAME Student:**

DATE:

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

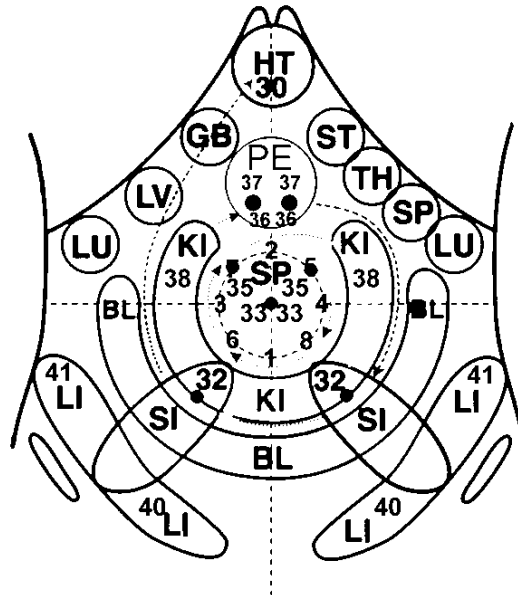
Feedback from Student: no change better good worse

- relaxing the body through leg movements
- activating groin pulse and soul gates
- opening the wind gates
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- clearing small intestine
- liver and gall bladder
- heart and sternum
- intercostal muscles
- abdominal pelvic clearing
- psoas, sciatic nerve
- work on other parts of the body
- collect energy in the navel

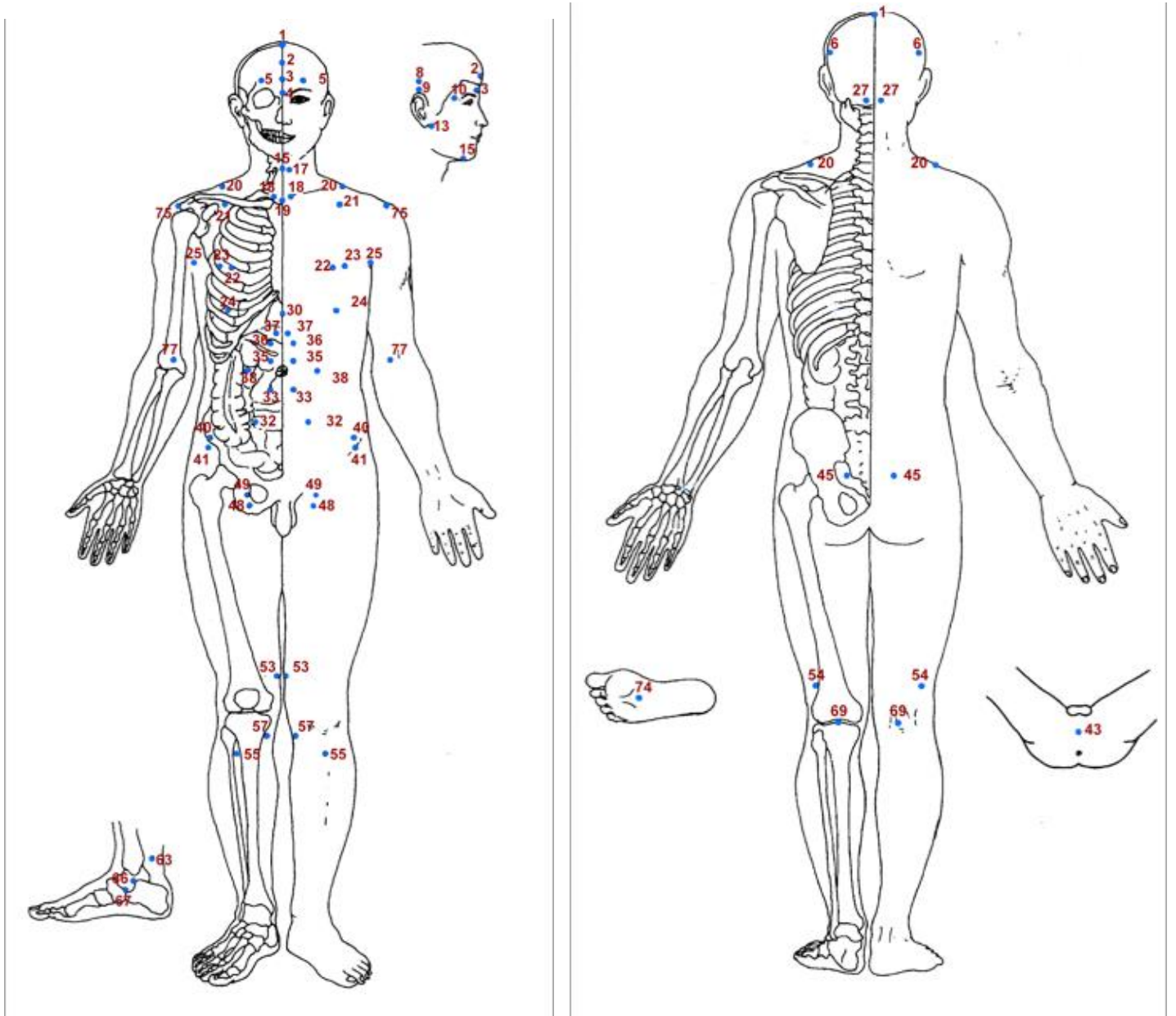
- recommendation related to:
- detox method
- inner smile.....
- 5 element nutrition.....
- iron shirt position.....
- healing sounds.....
- Inner Alchemy Astrology



Comment:

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 3



CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 4 **NAME Student:**

DATE:

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

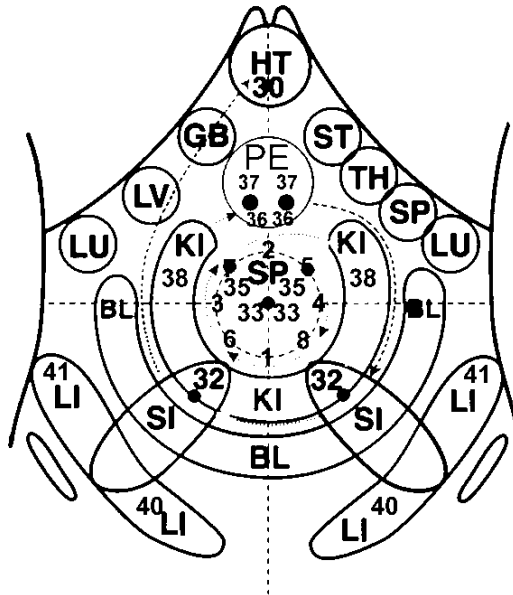
Feedback from Student: no change better good worse

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- opening the wind gates
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- loosening the thorax and abdomen

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- heart and sternum
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- abdominal pelvic clearing
- psoas, sciatic nerve
- work on other parts of the body
- collect energy in the navel

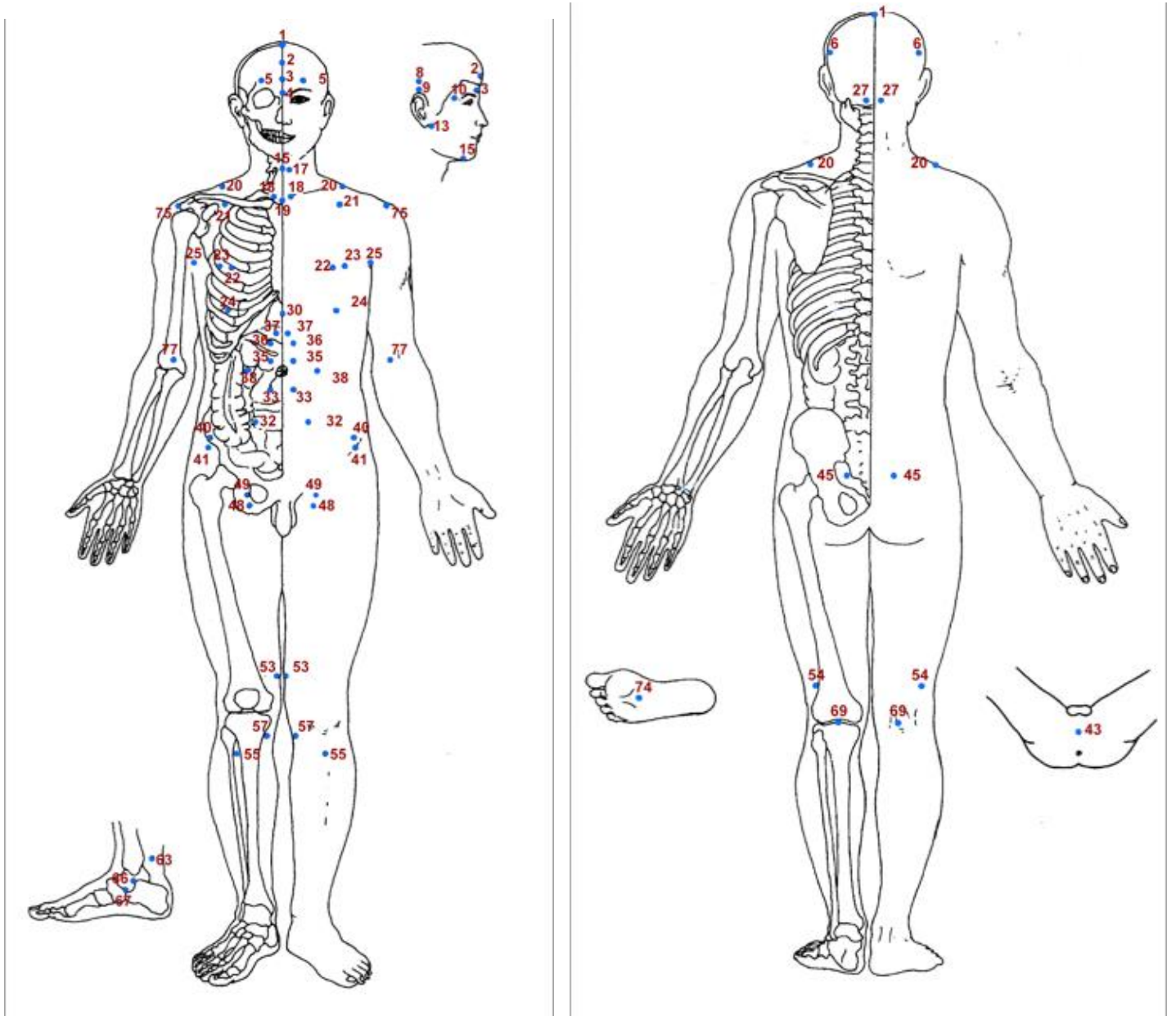
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- 5 element nutrition.....
- iron shirt position.....
- healing sounds.....
- Inner Alchemy Astrology



Comment:

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 4



CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 5 **NAME Student:**

DATE:

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

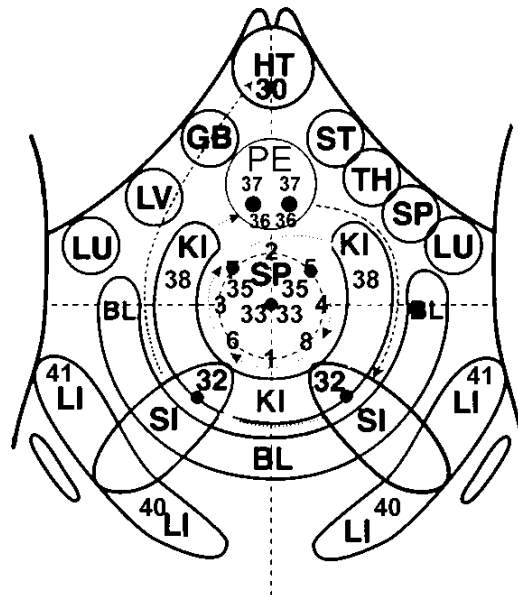
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- liver and gall bladder
- heart and sternum
- intercostal muscles
- abdominal pelvic clearing
- psoas, sciatic nerve
- work on other parts of the body
- collect energy in the navel

- recommendation related to:
- detox method
- inner smile.....
- 5 element nutrition.....
- iron shirt position.....
- healing sounds.....
- Inner Alchemy Astrology



Comment:

CNT 2: SESSION EXPLANATION & PRACTICE WITH STUDENT

SESSION 5

