



Universal Healing Tao System taught by Grandmaster Mantak Chia

Certification Requirements Inner Alchemy Qigong



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Qigong Instructor - Qualification



- ▶ Senior Instructor Level 1 and 2 or Certified Instructor* can certify Inner Alchemy Qigong Instructors Level 1 and 2...
 - ⇒ ... **if they meet the following requirements :**
- A. ...is updated with this new education line by **participation** of the whole online training with Grandmaster Chia's Qigong Series Level 1 and 2. Participation is also possible with **video recordings**.
 (available via Mantak Chia Teams Thailand and www.mantakchia.com)
- B. ...has participated an **Online-Certification-Training** with Grandmaster Chia (19th Dec. 2020 and 4th Jan. 2021). In this Online-Training-Workshop the examination process **Level 1** will be introduced
- C. Any Senior Instructor, who has done **A.** and **B.** will receive this updated Levels in her/his own Instructor-Directory profile. (QI-1, QI-2)
- D. Any Certified Instructor*, who has done **A.** and **B.** can receive this updated Levels in her/his own Instructor-Directory profile, if she/he is certified in these subjects (Tao Yin (TY), Cosmic Healing...) *needs Qigong practice for min. 6 months and min. 2 years as UHT Inner Alchemy Certified Instructor

Qigong Instructor - Examination



- Any Senior Instructor or Certified Instructor with certification level UHT Inner Alchemy Qigong Instructor Level 1 und 2 (QI-1, QI-2) in his own profile **can certify**:

Instructor Level

Qigong Instructor Level 1 (QI-1)

Qigong Instructor Level 2 (QI-2)

Certification

Cranial Sacral Qigong (key CSQ)
 Stem Cell Activation Qigong (key SCQ)
 Wisdom Qigong (key WQ)
 5 Element Qigong (key 5EQ)

start Level 2 when Level 1 is complete

Tan Tien Qigong (key TTQ)
 Tao Yin Qigong (key TYQ)
 Cosmic Healing Qigong (key CHQ)
 Golden Elixir Qigong (key GEQ)

That means up to 8 examinations are possible. Multiple certifications can be done together if the applicant has the advanced knowledge. The duration of the exam depends on the person being tested and so does the fee.

Quigong Instructor-1 Training Requirements



To be certified, your applicant must meet the following requirements:

- Needs total min. 40 hours workshop education in : Basic (min.10hours) and in *Cranial Sacral Qigong, *Stem Cell Qigong, *Wisdom Qigong, *5 Element Qigong (together min.30hours)
- Educator Grandmaster Chia, Senior Level 1 & 2, updated Certified Instructor
- Evaluation Workshop (min.10hrs): to get certified she/he has to pass min. 1 of 4 disciplines of Level I, she/he can upgrade any time when ready
- Level I Disciplines:
 - *Cranial Sacral Qigong (key CSQ)
 - * Stem Cell Activation Qigong (key SCQ)
 - *Wisdom Qigong (key WQ)
 - *5 Element Qigong (key 5EQ)
- Evaluation can be done with updated Certified Instructor or Senior 1 or 2
- Upgrade to Inner Alchemy Qigong Instructor Level II (key QI-2) when certified in all 4 discipline above and minimum 6 month teaching Level I

Quigong Instructor-2 Training Requirements



To be certified, your applicant must meet the following requirements:

- Needs total min. 40 hours workshop education in : Basic (min.10 hours) and in *Tao Yin Qigong, *Tan Tien Qigong, *Cosmic Healing Qigong, *Golden Elixir Qigong (together min.30 hours)
- Educator Grandmaster Chia, Senior Level 1&2, updated Certified Instructor
- Evaluation Workshop (min.10 hrs) : to get certified she/he has to pass min. 1 Discipline of Inner Alchemy Qigong Instructor Level 1 (key QI-1), she/he can upgrade any time when ready
- Level II disciplines:
 - *Tan Tien Qigong (key TTQ)
 - *Tao Yin Qigong (key TYQ)
 - *Cosmic Healing Qigong (key CHQ)
 - *Golden Elixir Qigong (key GEQ)
- Evaluation can be done with updated Certified Instructor or Senior Level 1 or 2
- Upgrade to Associate Instructor when certified in all 4 disciplines above & minimum 6 months teaching Level 2



Inner Alchemy Education Path

Inner Alchemy **Qigong**

Cranial Sacral Qigong
Wisdom Qigong
Stem Cell Qigong
5 Element Qigong
Tan Tien Qigong
Tao Yin Qigong
Golden Elixir Qigong
Cosmic Healing Qigong
Iron Shirt 1-2-3
Tai Chi 1-2-3

Inner Alchemy- **Basic**

Qigong Warm-ups
Microcosmic Orbit
Inner Smile
6 Healing Sounds
Chi Self Massage
Healing Love
Inner Alchemy Astrology

Inner Alchemy **Advanced**

Fusion I - II - III
Kan & Li Lesser - Greater – Greatest
Sealing of the Five Senses
Union of Human and Tao
Congress of Heaven and Earth

Inner Alchemy - certification levels

You start as student, after you fulfill the requirements you can apply for :

- Inner Alchemy Qigong Instructor Level 1 + 2 (**Qigong**)
- Inner Alchemy Associate Instructor (**Basic**)
- Inner Alchemy Certified Instructor (**Basic**)
- Inner Alchemy Senior Instructor Level 1 + 2

Universal Healing Tao – Administration Structure

- ▶ **Council of 9** Mantak Chia and 8 UHT members, preferably UHT Senior Instructors of different continents and male female equal
⇒ councilof9@universal-tao.com
- ▶ **Branch Leader** UHT Seniors representatives of the 5 branches, who work on curricula and requirements for evaluation
⇒ www.universaltaoinstructors.com/uht-global-contacts
- ▶ **Country coordinator** representatives for their country, and contact for people who have any kind of question
⇒ www.universaltaoinstructors.com/uht-global-contacts
- ▶ **Local Organizers** for Mantak Chia courses (**individual search**)
⇒ www.universaltaoinstructors.com/uht-global-contacts
- ▶ **Global Senior Instructor Coordinator** 2 Senior Instructors who guide applicants through evaluation process
⇒ certadmin@universaltaoinstructors.com
- ▶ **How to get your certificates:** Get your certificate done by Tao Garden Team
⇒ certificate@universaltaoinstructors.com (Khun Nook)



- ▶ **UHT Instructor-Directory database** where all instructor information can be found:
 - ⇒ www.universaltaoinstructors.com
- ▶ **How to find local instructors** by Name, by level and by location
- ▶ **Become an Instructor** Education path, short version of 'step in' requirements
- ▶ **5 Healing Arts** overview
- ▶ **Education passport** record of your taoist history
- ▶ **Inner Alchemy Astrology** Free short 5 Element Chart, Instructors have reduced prices
- ▶ **Downloads** requirements, training documents, we prefer transparent conditions
- ▶ **NEWS** Facts to know