



## Find Universal Healing Tao Instructors

BY LOCATION

BY HEALING ART

BY NAME

Countries with UHT Instructors

typing or select a country

City

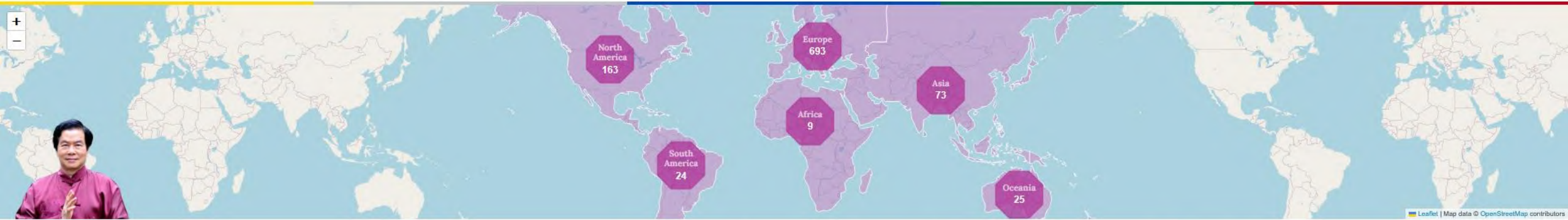
start typing or select a city



Mantak Chia  
Universal Healing Tao®

# User guide for visitors





🌐 MASTER CHIA WORLD TOUR DATES 🌐

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BY LOCATION

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City



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Public instructor.com website  
= accessible to everyone!

Find your UHT Instructor next to you

# Find Universal Healing Tao®

BY LOCATION

BY CERTIFICATION

Countries with UHT Instructors



start typing or select a country

Argentina  
Australia  
Austria  
Azerbaijan  
Belarus

City

start typing or

Instructor search by country

# Find Universal Healing Tao® Instructors

BY CERTIFICATION

BY NAME



City



's-Gravenhage

's-Heerenhoek

ANNECY

Aachen

Adelaide

Instructor search by city



## Find Universal Healing Tao® Instruct

BY LOCATION

BY CERTIFICATION

Instructor Level



Certification

start typing or select a certification

- Inner Alchemy Qigong Instructor Level 1
- Inner Alchemy Qigong Instructor Level 2
- Associate Instructor
- Certified Instructor
- Senior Instructor Level 1

Search by Instructor Level

## Find Universal Healing Tao® Instructors

BY CERTIFICATION

BY NAME

Certification

Agreement for Senior Instructors/Teachers (MANDATORY)

Cranial Sacral Qigong Level 1

Stem Cell Activation Qigong Level 1

Wisdom Qigong Level 1

Instructor search by certification

## Find Universal Healing Tao® Instructors

BY LOCATION

BY CERTIFICATION

BY NAME

Name

Anne Marie  
ADRIAN CONSTANINESCU  
ANNA VALLIÈRE  
ANNE LAURE ZAMORA  
ANNIE JOUCLARD

Search by Instructor Name

BECOME AN INSTRUCTOR

WHAT ARE HEALING ARTS / BRANCHES ?

UNIVERSAL HEALING TAO®

INNER ALCHEMY ASTROLOGY

DO

How to start...

FREE Membership  
& PRO Membership

# Become an Instructor



How to start...



FREE Membership & PRO Membership



# What are Healing Arts / Branches ?

The Universal Healing Tao® of Grandmaster Mantak Chia teachings system includes these methods and exercises on a physical, mental and spiritual level.

The 9 formulas show the possible stages of development with the corresponding exercises. **The 9 FORMULAS teaching system is divided into 5 Branches of Healing Arts.**

Grandmaster Mantak Chia thus facilitates the entry and deepening of this traditional, precious and ancient Taoist knowledge. See below, there are training rules for each of the five healing arts:

- ▶ 00. Nine FORMULAS General overview
- ▶ 01. UHT Tao Energy Basic - (Earth) - [Training Rules](#)
- ▶ 02. UHT Internal Martial Arts - (Metal) - [Training Rules](#)
- ▶ 03. UHT Chi Nei Tsang® - (Water) - [Training Rules](#)
- ▶ 04. UHT Cosmic Healing - (Wood) - [Training Rules](#)
- ▶ 05. UHT Inner Alchemy Immortality - (Fire) - [Training Rules](#)

[The Mantak Chia Canon ?](#)



01. Tao Energy Cultivation - Basics



02. Internal Martial Arts



03. Chi Nei Tsang®

# Universal Healing Tao®

UHT Ethics Virtues  
UHT The Spiritual  
Core  
UHT The 9  
FORMULAS  
Five Healing Arts  
Tao Garden  
UHTshop.com  
UHT Global  
Contacts



UHT Ethics Virtues



UHT The Spiritual Core



UHT The 9 FORMULAS



Five Healing Arts



Tao Garden



UHTshop.com



# Downloads

## Dear Students, Dear Tao Seekers, Dear Mantak Chia Fans.....

here you can find the present valid UHT documents for all **5 Healing Arts** / Branches ....and our **UHT Tao Passport** to record your training progress (print out version).

Questions ? Please contact your national UHT Country Coordinator or Tao Garden Team or use with pleasure in 'Help' our 'Contact Form'. **No login data ?** please use the Contact Form. **Forgot your password ?** Please have a look to our **(D) Members Operation Manual** of the Global Instructor Directory

With respect to Grandmaster Mantak Chia

## GENERAL

### The Mantak Chia Canon

Read more...

[Download 5\\_branches\\_and\\_mc\\_canon\\_en\\_slides.pdf](#)

### Education

### Membership Fee Information

Read more...

[Download mantak\\_chia\\_membership\\_letter\\_2022-08-05.pdf](#)



# NEWS

**Blessed time for all of you :: HEALTH, WEALTH & LONGEVITY ::**

Instructor related NEWS will be published here frequently. Please come back to be up to date.



## NEW Initial orientation regarding the last two formulas following UHT Sealing of the 5 Senses 15.06.2025

Formula 8: Ecstatic Spirit Flight – Entering the Congress of Heaven and Earth ... Flight is not escape! It is the resonance of one who merges the three realms—spirit, heaven, and earth—while weaving together the dimensions of meditation, dreams, and embodied life. At Formula 8, the practitioner...

[Read more...](#)

## New UHT Chi Nei Tsang® Education Path 10.06.2025

Dear Chi Nei Tsang® Fans ... Have a look to the updated UHT Chi Nei Tsang® Education Path 2025 :-> ... Mantak Chia ... Council of 9

[Read more...](#)







# Help



How to get Course recordings



Manual Instructor-Directory



How to search instructors



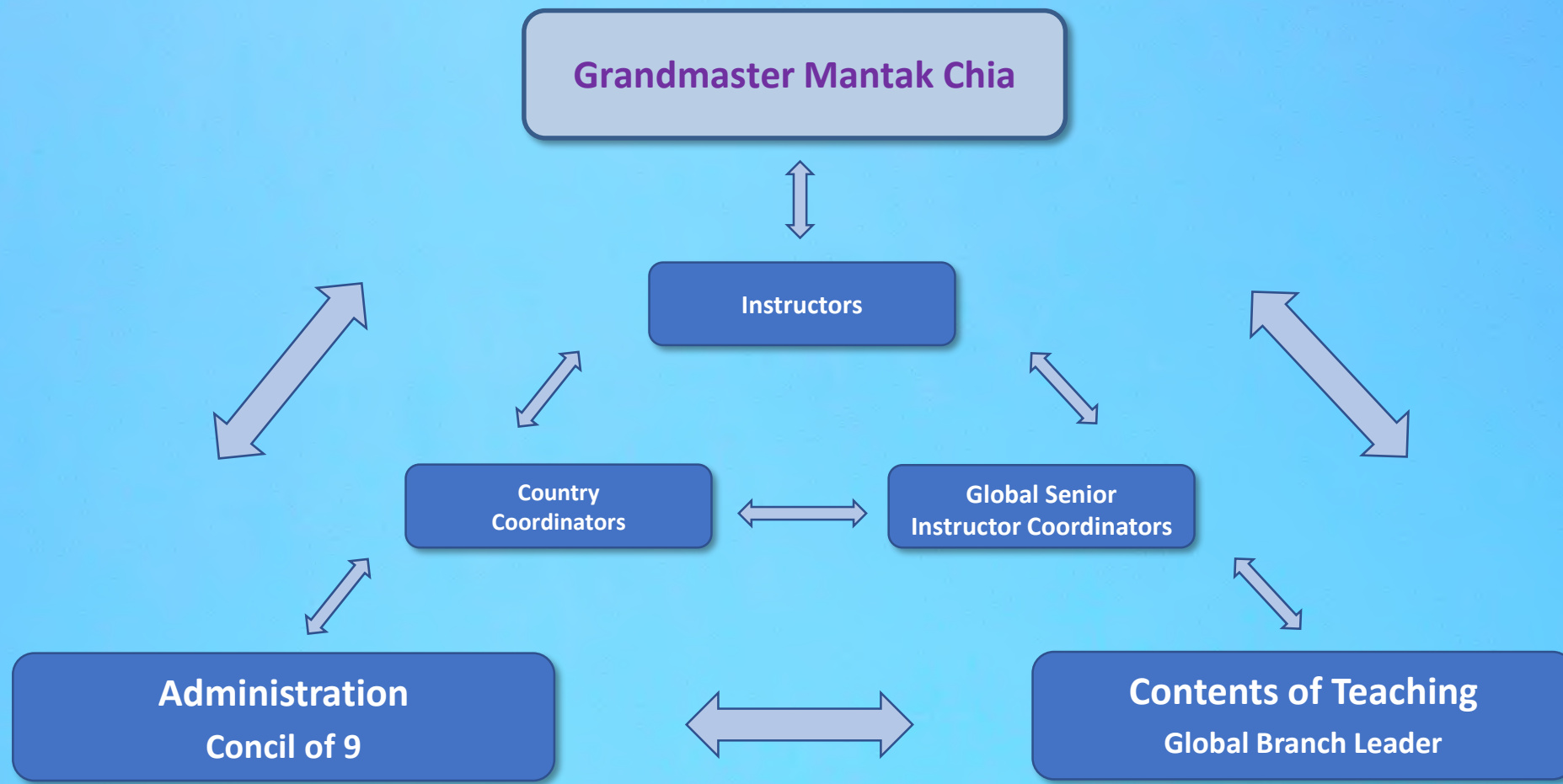
Contact the UHT Instructor-Directory

[Edit this page](#)



Code of conduct

# Universal HEALING TAO<sup>©</sup> System





End

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