



Universal Healing Tao System
taught by
Grandmaster Mantak Chia

New Education Path 2021
Inner Alchemy Qigong



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Grace Period till 31st / Dec. 2021



Inner Alchemy Qigong Instructor Level 1

- Needs total min. 40 hours workshop education in : Basic(min.10hours) and in *Cranial Sacral Qigong, *Stem Cell Qigong, *Wisdom Qigong, *5 Element Qigong (together min.30hours)
- Educator Grandmaster Chia, updated Senior Instructor Level 1&2 and Certified Instructor
- Evaluation Workshop (min.10hrs): to get certified she/he has to pass min. 1 of 4 disciplines of Level I, she/he can upgrade any time when ready
- Level I Disciplines:
 - *Cranial Sacral Qigong (key CSQ)
 - * Stem Cell Activation Qigong (key SCQ)
 - *Wisdom Qigong (key WQ)
 - *5 Element Qigong (key 5EQ)
- Evaluation can be done with updated Certified Instructor or Senior Instr. 1 or 2
- Upgrade to Inner Alchemy Qigong Instructor Level II (key QI-2) when certified in all 4 discipline above and minimum 6 month teaching Level I

Inner Alchemy Qigong Instructor Level 2



- Needs total min. 40 hours workshop education in : Basic (min.10 hours) and in *Tao Yin Qigong, *Tan Tien Qigong, *Cosmic Healing Qigong, *Golden Elixir Qigong (together min.30 hours)
- Educator Grandmaster Chia, updated Senior Instructor Level 1&2, Certified Instructor
- Evaluation Workshop (min.10 hrs) : to get Certificate he has to pass min. 1 discipline of Inner Alchemy Qigong Instructor Level 1 (key QI-1), she/he can upgrade any time when ready
- Level II disciplines:
 - *Tan Tien Qigong (key TTQ)
 - *Tao Yin Qigong (key TYQ)
 - *Cosmic Healing Qigong (key CHQ)
 - *Golden Elixir Qigong (key GEQ)
- Evaluation can be done with updated Certified Instructor or Senior Level 1 or 2
- Upgrade to Associate Instructor when certified in all 4 disciplines above & minimum 6 months teaching Level 2

Inner Alchemy Qigong Associate Instructor



- ▶ Needs min.120 hours workshop education in Basic with
- ▶ Educator: Grandmaster Mantak Chia, Senior Level 1 & 2, updated Certified Instructor
- ▶ Evaluation workshop (min.10hrs) with Senior Instructor Level 1 or Level 2
- ▶ Can teach:
 - * Inner Smile
 - * 6 Healing Sounds
 - * Microcosmic Orbit (Basic)
 - * Chi Self massage
 - * 5 Element Qigong
- ▶ Can upgrade to Certified Instructor with additional 120 workshop hours in Basics and Fusion after teaching min. 6 months

Inner Alchemy Qigong Certified Instructor



- Needs 120 hrs. workshop education in Basic & Fusion and min. 6 months active teaching as UHT Associate Instructor
- Grandmaster Chia (20 hrs in Basic & Fusion are mandatory)
- Educator Senior Instructor Level 1 or 2 and Certified Instructor
- Can teach:
 - * Microcosmic Orbit advanced (Passing Energy),
 - * Cosmic Primordial Qigong (3 fires & 6 directions).
- She/he can upgrade any time when ready to:
- Iron Shirt I, II, III, Tan Tien Chi Kung, Tao Yin, Tai Chi I, II, III
- Healing Love (Iron Shirt 1 is required)
- Fusion I, II, III and to all the higher practices such as Kan & Li etc.
- Direct Path (without being Associate Instructor) in a 4 weeks Training Retreat with 260 hrs. is also possible.
- Evaluation workshop (min. 10 hours) with Senior Instructor Level 2 (needs 9 UHT AI Case Study Forms (Inner Smile/6 Healing Sounds...))

Inner Alchemy Qigong Certified Instructor

To get certified in the levels below, you need a minimum of workshop hours in the upgraded level and additionally in some cases Case Study Forms:

- Iron Shirt 1-2-3 min. 10 (IS) workshop hours (for each of the three levels)
- Healing Love min. 40 (HL) workshop hours
- Tao Yin min. 10 (TY) workshop hours
- Tan Tien Chi Kung min. 10 (TT) workshop hours
- Tai Chi Chi Kung 1-2-3 min. 10 workshop hours (for each of the three levels)



Inner Alchemy Qigong Senior Instructor Level 1



- ▶ Has to be active as Certified Instructor for 4 years
- ▶ Certified in *Iron Shirt I
 - *Healing Love
 - *Tao Yin
 - *Fusion I
- ▶ Has permission to evaluate: * Inner Alchemy Qigong Instructor Level 1&2
 - * Associate Instructor
- ▶ After 4 years of active teaching as Senior Level 1 she/he can upgrade to Senior Level 2

Inner Alchemy Qigong Senior Instructor Level 2



- Needs to have 4 years active teaching as Senior Instructor Level 1
- Needs additional certification in
 - * Tai Chi I (TC1)
 - * Tan Tien Chi Kung (TT)
 - * Fusion 2 and 3 (FU2-3)
- Needs to have certified 25 UHT Inner Alchemy Associate Instructors
- Can certify:
 - * Inner Alchemy Qigong Instructor Level 1&2 (QI-1 & QI-2)
 - * Inner Alchemy Associate Instructor (AI)
 - * Inner Alchemy Certified Instructor (CI)



New Education Path start 2021 (Grace Period till 31st Dec. 2021)

	Education hours	Evaluation hours		
Inner Alchemy Qigong Instructor Level 1 (QI-1)	40	10	for upgrade to Level 2 needs to teach. min. 6 months to get Cert. needs min 1 Discipline can upgrade any time when ready	Study with GMC recommended, every 3 years study 2 days with GMC * Cranial Sacral Qigong (key CSQ) * Stem Cell activation Qigong (key SCQ) * Wisdom Qigong (key WQ) * 5 Element Qigong (key SEQ)
Inner Alchemy Qigong Instructor Level 2 (QI-2)	40	10	To get certificated needs to pass minimum 1 of 4 Disciplines Can upgrade any time when ready Needs 40 hrs. to upgrade to AI and 9 AI Case Study Forms (Inner Smile/6 Healing Sounds...) For upgrade to AI needs practice of 6 months	Study with GMC recommended, every 3 years study 2 days with GMC *Tan Tien Qigong (key TQ) *Tao Yin Qigong (key TYQ) *Cosmic Healing Qigong (key CHQ) *Golden Elixir Qigong (key GEG)
Inner Alchemy Associate Instructor (AI)	120	10	For upgrade to CI needs to practice minimum 6 months Basic 1 (IS, 6HS, MCO1, CSM,SEQ)	Study with GMC recommended, every 3 years study 2 days with GMC *Inner Smile (key IS) *6 Healing Sounds (key 6HS) *Micro Cosmic Orbit (key MCO) *Chi Self Massage (key CSM) *5 Element Qigong / former simple Qigong (key SEQ)
Inner Alchemy Certified Instructor (CI)	120	10	For upgrade AI to CI additional 120 hrs Basic and Fusion workshops are needed and 9 AI Case Study Forms Needs 6 months practice as AI Direct path without precertifications is with 260 hours Workshops possible, like Tao Garden	Study with GMC 20 hrs.(4 days) mandatory & every 3 years a 2 day workshop *Cosmic Primordial Qigong 3 Fires & 6 Directions (key CPG) *Microcosmic Orbit advanced & Passing Energy (key MCO) After 2 years can certify QI-1 and QI-2 , after 4 years can become Senior 1 For evaluation to CI 9 AI Case Study Forms are needed Can upgrade any time when ready , Iron Shirt II,III, Healing Love etc.
Inner Alchemy Senior Instructor Level 1 (SI-1)			Needs certification IS1 / HL / TY / FU1 Has to be active as CI for min. 4 years Can upgrade to SI-2 after 4 years active practice	can certify QI-1 / QI-2 / AI
Inner Alchemy Senior Instructor Level 2 (SI-2)			Needs certification SI-1 / TC1 / TT / FU2 / FU3 Has to be active as SI-1 for min. 4 years Needs to have certified min 25 AI	can certify QI-1 / QI-2 / AI / CI

Educator Grandmaster Mantak Chia, Senior Level 1 & 2 and Certified Instructor

Education



- What kind of 40 hours education? Grandmaster Chia will teach this as a sample coming November/December (Inner Alchemy Qigong Series 14 days)
- 40 hours education sample:
 - 10 hours Basic (inner smile, 6healing sounds etc)
 - 10 hours Craniosacral Qigong / Wisdom Qigong
 - 10 hours Stem Cell Qigong / 5 Element Qigong
 - 10 hours Basic or any other Qigong Form
- After these 40 hours she/he can apply for evaluation with minimum 1 of 4 forms (when ready she/he can do also more)
- Any other upgrade she/he can do any time when feels ready. The same mode as we do with Certified Instructor upgrade
- No prerequisites to be part of the Qigong education and certification process

Evaluation



- Senior or Certified Instructor has a possibility to organize a Qigong weekend workshop for students and Qigong applicants
- Duration 10 hours
- During the courses the applicants can present an evaluation lesson of the Qigong form in which she/he likes to be evaluated
- The evaluation can be done private (one to one) too in 1 to 3 hours. The price will be the same as weekend workshop (plus certification fee)
- If the evaluation is done she/he will be **Inner Alchemy Qigong Instructor Level 1**, in the certificate the form will be mentioned, like: e.g. Stem Cell Qigong (SCQ) etc. Same procedure as with Certified Instructors. We mention there as well Iron Shirt and or Healing Love etc.
- We give the Seniors just a guide line, all depends on how many applicants are has in a group. Hours are minimum hours and can of course be more.

Who can evaluate?



- ▶ Seniors in Level 1
If she/he has updated Inner Alchemy Qigong courses with Grandmaster Mantak Chia, except for 'Tao Yin Qigong' and 'Tan Tien Qigong' the 'Tao Yin' and 'Tan Tien Chi Kung' certification is required
- ▶ Seniors in Level 2
If she/he has updated Inner Alchemy Qigong courses with Grandmaster Mantak Chia, except for 'Tao Yin Qigong' and 'Tan Tien Qigong' the 'Tao Yin' and 'Tan Tien Chi Kung' certification is required
- ▶ Certified Instructor can evaluate after 2 years she/he is certified in the levels which she/he is going to evaluate

INNER ALCHEMY QIGONG INSTRUCTOR

WHY THIS NAME?



- ▶ UHT System Qigong is different from other Qigong forms
- ▶ UHT Inner Alchemy reflects really the meaning of this Qigong form
- ▶ UHT Inner Alchemy Qigong Instructor Level 1 & 2, short name: Qigong Instructor (keys QI-1 und QI-2)
- ▶ UHT Inner Alchemy Associate Instructor, short name: Associate Instructor (AI)
- ▶ UHT Inner Alchemy Certified Instructor, short name: Certificate Instructor (CI)
- ▶ UHT Inner Alchemy Senior Instructor Level 1 & 2, short name: Senior Instructor (keys SI-1 and SI-2)